

Frozen Toe 10k  
Age Group Results

January 08, 2011

Results by Mountain Junkies L.L.C.

**Indicates  
RNUTS Entrant**

**Female 1 to 14**

Place	Name	City		Pts
1	Melissa Andersen	Rocky Mount VA	57:04.62	20

**Male 1 to 14**

Place	Name	City		Pts
1	Nathan Robinson	Rocky Mount VA	1:16:53.25	20

**Female 15 to 19**

Place	Name	City		Pts
1	Leigha Schimmoeller	Forest VA	51:15.05	20
2	Allie Alvarez	Rocky Mount VA	1:02:00.62	18

**Male 15 to 19**

Place	Name	City		Pts
1	Dillon Andersen	Rocky Mount VA	57:02.61	20
2	Brent Price	Blue Ridge VA	1:01:55.76	18
3	Chris Settle	Blue Ridge VA	1:05:36.21	16

**Female 20 to 24**

Place	Name	City		Pts
1	Sara Bryant	Lynchburg VA	1:02:19.56	20
2	Brittney Abner	Salem VA	1:14:43.50	18
3	Kathryn Kelpin	Lewisburg WV	1:18:56.85	16
4	Kristin Colonna	Roanoke VA	1:19:53.23	14

**Male 20 to 24**

Place	Name	City		Pts
1	Evan Kearney	Richmond VA	40:12.47	20
2	Zac Cates	Blacksburg VA	40:50.24	18
3	Keran Billaud	Dublin VA	41:54.55	16
4	Justin Morrison	Blacksburg VA	42:47.84	14
5	Ben Warren	Blacksburg VA	47:39.63	12
6	James Duke	Lynchburg VA	51:44.77	10
7	Daniel Gochenour	Roanoke VA	53:18.97	8
8	Chadwick Desseyne	Goodview VA	53:23.59	6
9	Jonathan Hansen	Arlington VA	53:57.65	4
10	Donald Deeds	Roanoke VA	55:39.16	2
11	Christopher Steed	Christiansburg VA	58:48.27	2
12	Daniel Field	Roanoke VA	59:05.23	2

**Female 25 to 29**

Place	Name	City		Pts
1	Alexis Thomas	Evington VA	53:03.52	20

2	Samantha Mitchell	Bedford VA	54:55.55	18
3	Brandy Tate	Radford VA	56:15.71	16
4	Alicia Robinson	Roanoke VA	59:18.14	14
5	Gwen Kirby	Marion VA	59:49.99	12
6	Shanshan Conway	Christiansburg VA	1:10:16.65	10
7	Anna Calhoun	Roanoke VA	1:11:55.54	8
8	Nikole Swaney	Staunton VA	1:14:37.33	6
9	Rachel McCurry	Durham NC	1:14:56.12	4
10	Sarah Smith	Goode VA	1:19:56.24	2
11	Courtney Griffin	South Boston VA	1:45:28.11	2

### Male 25 to 29

Place	Name	City		Pts
1	Christopher Clarke	Blacksburg VA	38:59.76	20
2	Ian Shreckengast	Blacksburg VA	41:02.21	18
3	Ryan Day	Christiansburg VA	44:33.52	16
4	Kirby Walke	Blacksburg VA	47:58.34	14
5	Jonathan Adcock	Stuart VA	49:41.05	12
6	Jason Harcum	Roanoke VA	49:43.48	10
7	Allen Stoltzfus	Orange VA	55:44.00	8
8	Christopher Jarvis	Christiansburg VA	56:29.63	6
9	Zach Moore	Roanoke VA	58:39.10	4
10	Dan Nemes	Roanoke VA	58:53.03	2
11	Nate Paulus	Glen Allen VA	1:07:19.03	2
12	Michael Ralph	Vinton VA	1:08:45.41	2

### Female 30 to 34

Place	Name	City		Pts
1	Lauren Brown	Roanoke VA	50:39.74	20
2	Rebecca Adcock	Stuart VA	59:07.51	18
3	Kelli Daniels	Roanoke VA	1:02:17.14	16
4	Michelle Bouvier	Roanoke VA	1:03:13.90	14
5	Ginger Hicks	Blacksburg VA	1:04:23.25	12
6	Ellen Binder	Christiansbrug VA	1:05:22.95	10
7	Tabitha Combes	Lynchburg VA	1:06:20.99	8
8	Kari Decker	Roanoke VA	1:14:52.51	6
9	Nancy Turner	Roanoke VA	1:18:20.11	4
10	Brandie Bailey	Roanoke VA	1:18:50.73	2
11	Catherine E. Dressler	Clifton Forge VA	1:19:49.47	2
12	Elizabeth Creasy	Bedford VA	1:31:31.05	2
13	Ann Harvey	Roanoke VA	1:31:44.48	2

### Male 30 to 34

Place	Name	City		Pts
1	David Cheromei	Damascus VA	36:28.48	20
2	Nathan Hottle	Lynchburg VA	41:47.76	18
3	David Sellars	Roanoke VA	45:06.69	16
4	Dwayne Fitts	Lynchburg VA	47:53.97	14
5	Peter Dempsey	Blacksburg VA	49:07.22	12

6	Frank Simmons	Staunton VA	50:34.19	10	
7	Paul Chapman	Callaway VA	55:40.13	8	
8	Nick Derenzis	Radford VA	55:52.23	6	
9	Matthew Mitchell	Bedford VA	56:26.25	4	
10	Scott McClelland	Roanoke VA	1:01:27.78	2	Age change before
11	Mason Adams	Roanoke VA	1:03:56.97	2	6/5/11 moved to new
12	Eddie Mann	Salem VA	1:14:33.92	2	RNUTS Age Group
13	Scott Graham	Bedford VA	1:14:50.69	2	
14	Roger Cline	Wirtz VA	1:16:07.41	2	
15	Peter Dellert	Roanoke VA	1:18:49.10	2	

### Female 35 to 39

Place	Name	City		Pts	
1	Jill Himmel	Roanoke VA	53:21.71	20	
2	Hillary Bracken	Charlottesville VA	56:30.72	18	
3	Karen Maydian	Moneta VA	59:17.37	16	
4	Tanya Leroith	Blacksburg VA	59:47.92	14	
5	Christie Delong	Bedford VA	1:01:28.96	12	
6	Gretchen Weinnig	Roanoke VA	1:07:45.05	10	
7	Victoria Black	Glasgow VA	1:13:23.55	8	
8	Janis Frazer	Roanoke VA	1:15:00.53	6	
9	Holly Matusovich	Newport VA	1:18:58.95	4	
10	Kristen Graham	Bedford VA	1:31:43.52	2	

### Male 35 to 39

Place	Name	City		Pts	
1	Jim May	Forest VA	41:49.30	20	
2	Sam Dean	Vinton VA	42:51.16	18	
3	Jared Hesse	Lynchburg VA	44:32.01	16	
4	David Tingler	Salem VA	47:25.19	14	
5	Michael Medlin	Christiansburg VA	47:28.42	12	
6	Juston Manville	Richmond VA	48:55.04	10	
7	James Decker	Roanoke VA	49:44.68	8	
8	Chad Coleman	Salem VA	51:38.91	6	
9	Todd Thomas	Evington VA	52:44.19	4	
10	Ryan Fedak	Roanoke VA	53:20.32	2	
11	Matt Clark	Cloverdale VA	53:26.88	2	
12	Harry Hudson Jr.	Dublin VA	54:15.23	2	
13	Sean Gallagher	Charlottesville VA	55:24.63	2	
14	Doug McLaughlin	Roanoke VA	57:23.76	2	
15	Paul Workman	Boones Mill VA	57:25.13	2	
16	Gregory Martin	Roanoke VA	58:55.50	2	
17	James Ingrassia	Roanoke VA	59:19.77	2	
18	Anthony Guest	Radford VA	1:02:55.04	2	
19	Michael Lyle	Roanoke VA	1:05:16.64	2	
20	Jason Crouch	Roanoke VA	1:18:55.88	2	

### Female 40 to 44

Place	Name	City		Pts	
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1	Sarah Holbrook	Moneta VA	53:46.05	20	
3	Juliet Roach	Roanoke VA	59:58.67	18	
4	Jen Schaeffer	Blacksburg VA	1:01:15.66	16	
5	Jennifer Pfister	Roanoke VA	1:07:02.22	14	Age change before
6	Teresa Torrence	Natural Bridge VA	1:08:34.53	12	6/5/11 moved to new
7	Beth Andersen	Rocky Mount VA	1:10:23.17	10	RNUTS Age Group
8	Tracy Lancaster	Bent Mountain VA	1:11:39.58	8	
9	Becky Grant	Bedford VA	1:15:14.30	6	

#### Male 40 to 44

Place	Name	City		Pts	
1	Jeff Harrington	Lynchburg VA	40:58.51	20	
2	Brian Kelleher	Lynchburg VA	43:46.10	18	
3	Mark Lattanzi	Blacksburg VA	45:04.57	16	
4	Wes Best	Roanoke VA	45:54.83	14	
5	Tim Miller	Buchanan VA	46:25.24	12	
6	David Jacobs	Salem VA	46:26.57	10	
7	Michael Leigh	Roanoke VA	47:09.12	8	
8	Philip Settle	Blue Ridge VA	47:30.40	6	Age change before
9	Wake Fulp	Roanoke VA	47:34.81	4	6/5/11 moved to new
10	Ron Glowczynski	Roanoke VA	48:30.86	2	RNUTS Age Group
11	Erik Olsen	Blacksburg, Va VA	49:05.23	2	
12	Kevin Painchaud	Bedford VA	49:52.32	2	
13	Mark Taylor	Roanoke VA	51:05.06	2	
14	Roger Bowers	Salem VA	52:29.60	2	
15	Neal Jamison	Roanoke VA	53:11.96	2	
16	Kyle Green	Roanoke VA	53:13.41	2	
17	Michael Santoroski	Roanoke VA	1:00:16.43	2	
18	Troy Rech	Roanoke VA	1:05:43.35	2	
19	Bart Adams	Alta Vista VA	1:05:58.35	2	
20	Brian Fralin	Salem VA	1:07:15.56	2	
21	Brian Hinegardner	Timberville VA	1:08:24.85	2	

#### Female 45 to 49

Place	Name	City		Pts	
1	Libby Blankenship	Roanoke VA	55:28.31	20	Age change before
2	Sherry Miller	Roanoke VA	1:10:32.53	18	6/5/11 moved to new
3	Barbara Hopper	Lynchburg VA	1:14:50.24	16	RNUTS Age Group
4	Mary Carlin	Roanoke VA	1:16:10.40	14	

#### Male 45 to 49

Place	Name	City		Pts	
1	Ed Dickenson	Roanoke VA	39:01.84	20	
2	Matt Prescott	Roanoke VA	46:24.30	18	
3	Brook Holley	Roanoke VA	46:50.99	16	
4	Matt Ripley	Lynchburg VA	48:02.86	14	
5	Mark Andersen	Rocky Mount VA	52:34.08	12	
6	Andy Stevens	Vinton VA	53:24.29	10	
7	Doug Falls	Roanoke VA	54:02.69	8	

8	Michael Dalsey	Roanoke VA	55:49.52	6	
9	Henry Schaefer	Roanoke VA	56:20.66	4	
10	Frank Heranzo	Roanoke VA	1:00:29.77	2	
11	Kemper Fant	Roanoke VA	1:01:30.80	2	
12	Todd Ferguson	Roanoke VA	1:05:12.23	2	
13	Chris Bowers	Bedford VA	1:07:11.62	2	
14	Kevin Logan	Lynchburg VA	1:07:34.78	2	
15	Brian Torrence	Natural Bridge VA	1:08:33.40	2	
16	Toby Wright	Christiansburg VA	1:08:35.67	2	Age change before
17	John Thompson	Bedford VA	1:26:21.37	2	6/5/11 moved to new
18	Joe Guthrie	Salem VA	1:26:23.61	2	RNUTS Age Group

### Female 50 to 54

Place	Name	City		Pts	
1	Kathleen Gorman	Roanoke VA	1:01:06.68	20	
2	Barbara Butcher	Roanoke VA	1:10:27.19	18	
3	Stephanie Klein-Davis	Roanoke VA	1:10:32.87	16	Age change before
4	Karen Campbell	Roanoke VA	1:10:33.29	14	6/5/11 moved to new
5	Sara Bryant	Lynchburg VA	1:23:21.80	12	RNUTS Age Group

### Male 50 to 54

Place	Name	City		Pts	
1	John Robinson	Roanoke VA	44:52.52	20	
2	Randall Blevins	Troutville VA	47:32.10	18	
3	Mark Long	Roanoke VA	47:41.58	16	
4	Sam Cox	Roanoke VA	50:53.48	14	
5	David Hackett	Hardy VA	55:53.66	12	
6	Joseph Turk	Bedford VA	56:39.73	10	
7	Gregg Hinegardner	Bridgewater VA	59:04.65	8	
8	Martin Ledger	Roanoke VA	59:56.54	6	
9	Kamran Khalilian	Roanoke VA	1:01:04.98	4	
10	John Slivka	Danville VA	1:01:21.20	2	
11	Ron Bell	Roanoke VA	1:10:33.59	2	
12	Greg Taylor	Roanoke VA	1:12:31.64	2	
13	Steven Sowers	Roanoke VA	1:15:24.96	2	
14	John Carlin	Roanoke VA	1:16:50.21	2	
15	Lefty Leftwich	Salem VA	1:16:50.63	2	
16	Edward Colvin	Newport VA	1:19:47.88	2	

### Female 55 to 59

Place	Name	City		Pts	
1	Dru Sexton	Roanoke VA	1:00:00.24	20	
2	Nancy Blackwell	Lynchburg VA	1:24:37.30	18	

### Male 55 to 59

Place	Name	City		Pts	
1	Marion Childress	Roanoke VA	1:01:16.67	20	
2	Fred Pifer	Covington VA	1:19:50.85	18	

**Female 60 to 69**

Place	Name	City		Pts
1	Sally Evans	Roanoke VA	1:12:52.23	20
2	Pat Santoro	Huddleston VA	1:23:21.02	18
3	Linda King	Roanoke VA	1:25:15.37	16
4	Priscilla Jones	Lynchburg VA	1:27:55.38	14

**Male 60 to 69**

Place	Name	City		Pts
1	Steve Bowles	Troutville VA	1:08:21.11	20
2	Jerry Cecil	Roanoke VA	1:08:23.36	18
3	Graham Zollman	Roanoke VA	1:17:13.47	16