

Mill Mountain Mayhem 10k - 4/18/09  
Roanoke City's Mill Mountain Park

Overall Women

1.	Horney, Lisa	00:50:13.66	20
2.	Rolfe, Christine	00:53:45.62	18
3.	Flynn, Hollie	00:54:41.85	16
4.	Zaragoza, Sarah	00:54:49.41	14
5.	Mitchell, Samantha	00:55:51.36	12
6.	Finkle, Anita	00:57:32.04	10
7.	Brown, Lauren	00:57:44.00	8
8.	Nichols, Ashley	00:59:29.03	6
9.	Vander Kooy, Mallory	01:00:08.46	4
10.	Sexton, Dru	01:00:12.94	2

Overall Men

1.	Cheromei, David	00:35:48.92	20
2.	Dickenson, Edward	00:41:42.99	18
3.	Lovell, Alan	00:44:45.45	16
4.	Burtis, Steve	00:47:00.99	14
5.	Hagbert, Jesse	00:47:08.97	12
6.	Vickery, Bill	00:48:36.69	10
7.	Evans, Billy	00:48:57.05	8
8.	Stick, Greg	00:49:01.26	6
9.	Saunders, Carl	00:49:10.60	4
10.	Carter, Jacob	00:50:10.10	2

Men's Age Group: 15 - 19

1.	Carter, Jacob	00:50:10.10	20
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Women's Age Group: 20 - 24

1.	Rolfe, Christine	00:53:45.62	20
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Men's Age Group: 20 - 24

1.	Russell, Logan	01:00:23.67	20
2.	Black, Nathan	01:04:18.54	18

Women's Age Group: 25 - 29

1.	Horney, Lisa	00:50:13.66	20
2.	Mitchell, Samantha	00:55:51.36	18 2 <sup>nd</sup> Overall
3.	Brown, Lauren	00:57:44.00	16
4.	Vander Kooy, Mallory	01:00:08.46	14
5.	Becker, Angela	01:14:38.64	12
6.	Becker, Suzanne	01:14:38.94	10

## Men's Age Group: 25 - 29

1.	Cheromei, David	00:35:48.92	20
2.	Biscotte, Stephen	00:50:59.83	18
3.	Wright, Walker	00:51:03.40	16
4.	Mitchell, Matthew	00:55:44.92	14
5.	Cranney, Erik	00:56:18.78	12
6.	Sims, John	00:57:22.35	10
7.	Adkins, Emmitt	00:59:43.10	8
8.	Yates, Christian	01:00:11.46	6
9.	Graham, Scott	01:11:57.60	4

## Women's Age Group: 30 - 34

1.	Zaragoza, Sarah	00:54:49.41	20
2.	Puckett, Leslie	01:00:56.04	18
3.	Ciparis, Serena	01:01:12.39	16
4.	Prandi, Mackenzie	01:03:52.30	14
5.	Decker, Kari	01:07:39.76	12
6.	Creasey, Elizabeth	01:20:38.24	10

## Men's Age Group: 30 - 34

1.	Burtis, Steve	00:47:00.99	20	
2.	Hagbert, Jesse	00:47:08.97	18	
3.	Evans, Billy	00:48:57.05	16	2 <sup>nd</sup> Overall
4.	Saunders, Carl	00:49:10.60	14	3 <sup>rd</sup> Overall
5.	Workman, Paul	00:50:57.83	12	
6.	Homa, Dan	00:51:47.83	10	
7.	Decker, James	00:52:54.69	8	
8.	Whitaker, Brian	00:53:11.58	6	
9.	Mullens, Jim	00:56:46.44	4	
10.	Adams, Bruce	01:06:55.44	2	

## Women's Age Group: 35 - 39

1.	Flynn, Hollie	00:54:41.85	20	1 <sup>st</sup> Overall
2.	Katabian, Perry	00:57:48.78	18	
3.	Favor, Helen	00:58:10.42	16	
4.	Nichols, Ashley	00:59:29.03	14	
5.	Pfister, Jennifer	01:05:53.65	12	
6.	Mullens, Melany	01:09:39.36	10	
7.	Graham, Kristen	01:12:42.94	8	

## Men's Age Group: 35 - 39

1.	Lovell, Alan	00:44:45.45	20
2.	Vickery, Bill	00:48:36.69	18
3.	Prand, Barry	00:52:19.79	16
4.	Nichols, Joe	00:52:46.03	14
5.	Scott, David	00:53:48.34	12
6.	Looney, Brad	00:54:02.31	10
7.	Santoroski, Michael	00:55:29.64	8
8.	Mowles, Howard	00:58:35.44	6
9.	Booth, James	00:59:27.48	4

Women's Age Group: 40 - 44

1.	Finkle, Anita	00:57:32.04	20
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Men's Age Group: 40 - 44

1.	Stevens, Andy	00:54:59.95	20
2.	Bowers, Roger	00:55:28.33	18
3.	Webb, Edward	00:56:41.91	16
4.	Falls, Doug	00:56:44.37	14
5.	Barchi, Daniel	00:59:01.77	12
6.	Reynolds, Tony	01:07:44.06	10
7.	Unroe, Stan	01:09:41.95	8
8.	Wright, Toby	01:14:24.21	6

Women's Age Group: 45 - 49

1.	Heptinstall, Kaye	01:07:45.60	20
2.	Rolfe, Susan	01:11:23.63	18
3.	Stevens, Vicki	01:12:56.98	16
4.	Boone, Mary Jo	01:39:38.00	14

Men's Age Group: 45 - 49

1.	Dickenson, Edward	00:41:42.99	20	<b>1<sup>st</sup> Overall</b>
2.	Sheehan, Gary	00:53:21.14	18	
3.	Stevens, Craig	00:58:04.60	16	
4.	Schuyler, Peter	00:59:47.94	14	
5.	Ballard, Jerry	01:07:12.82	12	
6.	Alexander, Kyle	01:09:38.66	10	

Women's Age Group: 50 - 54

1.	Nicholson, Trina	01:07:46.95	20
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Men's Age Group: 50 - 54

1.	Stick, Greg	00:49:01.26	20
2.	Myers, Mike	00:59:25.37	18
3.	Turk, Joe willie	01:00:20.19	16
4.	Taylor, Gregory	01:03:55.94	14
5.	Fralin, Mark	01:08:34.09	12

Women's Age Group: 55 - 59

1.	Sexton, Dru	01:00:12.94	20	<b>3<sup>rd</sup> Overall</b>
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Men's Age Group: 55 - 59

1.	Swenson, Dave	01:05:32.51	20
2.	Morgan, George	01:06:28.61	18

Men's Age Group: 60 - 69

1.	Atthowe, John	01:00:52.90	20
2.	Zollman, Graham	01:01:18.65	18
4.	Cecil, Jerry	01:06:08.92	14
5.	Coffey, Roger	01:13:06.67	12

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Men's Age Group: 70 & Over

1.	Gilbarte, Ray	01:44:59.00	20
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