

2010 6th Explore Your Limits 5k Trail Races - 3/6/10

Overall Women

1.	Lewis, Allie	00:22:14.11
2.	O'Keefe, Carrie	00:22:47.67
3.	Parkins, Bridget Tainer	00:24:03.21

Overall Men

1.	Davis, Michael	00:17:30.87
2.	Dean, Sam	00:20:42.50
3.	Zech, Roland	00:21:17.08

Master Women

1.	Royal, Carol	00:28:21.10
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Master Men

1.	Macdonald, Lenny	00:21:57.12
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Women's Age Group: 14 & Under

1.	Vickery, Sarah	00:25:25.25
2.	Clay, Ruthie	00:33:52.03
3.	Mann, Lynzee	00:37:55.57

Men's Age Group: 14 & Under

1.	Thompson, Dana	00:23:51.75
2.	Packard, Jack	00:31:06.41

Women's Age Group: 15 - 19

1.	Kingery, Kara	00:25:21.01
2.	Mischianti, Olivia	00:36:01.84
3.	Delong, Ashley	00:36:56.29

Men's Age Group: 15 - 19

1.	Argenbright, Travis	00:25:58.33
2.	Brewer, Stephen	00:28:54.37
3.	Mays, Chris	00:29:39.76

Women's Age Group: 20 - 24

1.	Noble, Kara	00:29:31.83
2.	Purdy, Jamie	00:29:40.23
3.	Johnson, Annie	00:29:55.51
4.	Colonna, Kristin	00:31:07.09
5.	Thornton, Jordan	00:32:32.12

Men's Age Group: 20 - 24

1.	Bacon, Ian	00:33:07.21
2.	Kelley, Greg	00:34:52.60
3.	Vernon, Tyler	00:37:37.14

Women's Age Group: 25 - 29

1.	Tate, Brandy	00:25:31.28
2.	Thomas, Alexis	00:27:18.60
3.	Childers, Kristin	00:28:37.26
4.	Gower, Whitney	00:29:56.19
5.	Evans, Stacey	00:31:31.22
6.	Cook, Melissa	00:32:16.18
7.	Huff, Karleigh	00:33:44.08
8.	Porter, Kristi	00:33:54.06
9.	Waters, Katie	00:34:49.98
10.	Vengrin, Courtney	00:36:06.41
11.	Brewer, Amanda	00:36:36.01
12.	Lynch, Susan	00:37:50.94
13.	Stowers, Katie	00:38:48.12
14.	Mann, Cindy	00:39:11.38
15.	Dobroth, Mary	00:39:48.53
16.	Campbell, Courtney	00:41:22.08

Men's Age Group: 25 - 29

1.	Weddle, Chris	00:23:42.86
2.	Adkins, Chris	00:25:42.39
3.	Harrison, Brian	00:26:49.17
4.	Amburn, Brad	00:28:16.77
5.	Brewer, Justin	00:28:55.37
6.	Graham, Scott	00:33:14.95
7.	Conway, James	00:35:02.50

Women's Age Group: 30 - 34

1.	Ciparis, Serena	00:26:36.85
2.	Colbert, Erin	00:31:56.27
3.	Weaver, Rose	00:32:50.13
4.	Adkins, Katie	00:35:28.03
5.	Foster, Wanda	00:37:48.57
6.	Likens, Vincenze	00:41:04.01

Men's Age Group: 30 - 34

1.	DeRenzis, Nick	00:24:51.89
2.	Phillips, Brandon	00:28:59.67
3.	Stowers, Curtis	00:34:56.83
4.	Houchins, Nathan	00:36:21.79
5.	Trivett, Brian	00:38:43.74

Women's Age Group: 35 - 39

1.	Pfister, Jennifer	00:29:16.03
2.	Brown, Cathy	00:33:25.08
3.	Graham, Kristen	00:33:46.38
4.	Whitlow, Lorinda	00:42:18.94

Men's Age Group: 35 - 39

1.	Settle, Philip	00:24:27.87
2.	Thomas, Todd	00:24:33.82
3.	Wagner, Henry	00:26:33.55
4.	Whitlow, Joshua	00:29:24.57
5.	Packard, Don	00:36:37.74

Women's Age Group: 40 - 44

1.	Bingham, Shelby	00:29:40.65
2.	Scarborough, Darlene	00:30:55.97
3.	Barber, Cindy	00:34:49.19
4.	Layman, Rachel	00:35:01.98
5.	Wagner, Penny	00:42:34.16

Men's Age Group: 40 - 44

1.	Looney, Brad	00:24:56.98
2.	Bingham, Jason	00:27:30.13
3.	Wright, Toby	00:28:43.27
4.	Moore, Gary	00:29:15.44
5.	Ferguson, Mike	00:35:20.12
6.	Mischianti, Robert	00:36:02.44

Women's Age Group: 45 - 49

1.	Guthrie, Amy	00:30:49.44
2.	Boone, Mary Jo	00:32:35.32
3.	Smith, Connie	00:43:17.83

Men's Age Group: 45 - 49

1.	Clay, Ronnie	00:24:09.30
2.	Williams, James	00:26:10.73
3.	Shank, Tim	00:27:59.50
4.	Vickers, Carl	00:30:24.25
5.	Nunes, Jack	00:35:00.39

Women's Age Group: 50 - 54

1. Bryant, Sara Lloyd 00:36:08.37

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Men's Age Group: 50 - 54

1. Lilly, Glenn 00:40:26.91

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Women's Age Group: 55 - 59

1. Blackwell, Nancy 00:35:39.16

2. Vengrin, Jean 00:36:36.72

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Men's Age Group: 55 - 59

1. Bussard, Hg 00:22:29.80

2. Morgan, George 00:28:52.19

3. Davidson, Charles 00:33:55.66

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Men's Age Group: 70 & Over

1. Earles, Maurice 00:46:53.29